



RESULTS 2021

FLA MEETING	29	may	2021	sports city- beirut	110m Hurdles	Men	M	Final	1	Ali	Hachem	Jamhour	18.19	-3.1		
FLA MEETING	29	may	2021	sports city- beirut	110m Hurdles	Men	M	Final	2	Ibrahim	El Safadi	ARMY	19.80	-3.1		

FLA MEETING	29	may	2021	sports city- beirut	400m Hurdles	Women	F	Final	1	Leen	Ghezawi	Jamhour	1:20.36			
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FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	1	Aziza	Sbaity	Antonins	11.84	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	2	Mary Joy	Hakim	Antonins	13.66	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	3	Yara	Aridi	Jamhour	14.2	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	4	Maria	Nassar	Jamhour	14.26	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	5	Gaëlle	Abdel Nour	Jamhour	14.43	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	6	Nawal	Saleh	Al ARZ	14.59	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	7	Chanel	Kamel	Jamhour	15.04	-1.7		
FLA MEETING	29	may	2021	sports city- beirut	100m	Women	F	Final	8	kronfol	loulwa	ansar	16.44	-1.7		

FLA MEETING	29	may	2021	sports city- beirut	400m Hurdles	Men	M	Final	1	Marc-Anthony	Ibrahim	Antonins	54.11			
FLA MEETING	29	may	2021	sports city- beirut	400m Hurdles	Men	M	Final	2	ayman	kobaidat	Army	56.52			
FLA MEETING	29	may	2021	sports city- beirut	400m Hurdles	Men	M	Final	3	Hussein	el Hussein	INTER	58.51			

FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat1	1	nour eddine	hadid	Army	10.71	-2.5		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat1	2	Jad	Khoury	Blue Stars	11.09	-2.5		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat1	3	hasan	soloh	Army	11.28	-2.5		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat1	4	Chris	Boulos	INTER	11.3	-2.5		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat1	5	hamza	hasan	Army	11.39	-2.5		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat2	6	Mitry	Habib	Antonins	11.61	-1.1		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat2	7	Malek	Chatila	INTER	11.88	-1.1		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat2	8	khallil	bahaa	atletica	12.09	-1.1		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat2	9	issa	mahdi	ansar	12.14	-1.1		
FLA MEETING	29	may	2021	sports city- beirut	100m	Men	M	Heat2	10	Hadi	Harb	Antonins	12.42	-1.1		

FLA MEETING	29	may	2021	sports city- beirut	1500	Women	F	Final	1	jozette	merhi	Army	5:18.96			
FLA MEETING	29	may	2021	sports city- beirut	1500	Women	F	Final	2	Nay	Moustafa	Jamhour	5:39.33			
FLA MEETING	29	may	2021	sports city- beirut	1500	Women	F	Final	3	Mia	Malak	Jamhour	5:44.84			
FLA MEETING	29	may	2021	sports city- beirut	1500	Women	F	Final	4	Sama	Moustafa	Jamhour	5:48.24			

FLA MEETING	29	may	2021	sports city- beirut	1500m	Men	M	Final	1	khaled	al dennawi	Army	4:18.66			
FLA MEETING	29	may	2021	sports city- beirut	1500m	Men	M	Final	2	ahmad	al ali	Army	4:30.30			
FLA MEETING	29	may	2021	sports city- beirut	1500m	Men	M	Final	3	hadi	hijazi	Army	4:31.13			
FLA MEETING	29	may	2021	sports city- beirut	1500m	Men	M	Final	4	Christian	Saba	Jamhour	4:47.44			

FLA MEETING	29	may	2021	sports city- beirut	400	Women	F	Final	1	Yara	Aridi	Jamhour	1:05.36			
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FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	1	Mohamad	Mortada	INTER	48.57			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	2	Marc-Anthony	Ibrahim	Antonins	49.56			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	3	hussein	zaalter	Army	50.62			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	4	Kevin	Aoun	Jamhour	52.18			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	5	Mazen	Shraim	INTER	52.85			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	6	ahmad	mehsen	Army	53.03			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat2	7	Malek	Chatila	INTER	53.16			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat1	8	hasan	kalout	Army	53.92			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat2	9	ali	Ibrahim	Army	53.99			
FLA MEETING	29	may	2021	sports city- beirut	400m	Men	M	Heat2	10	Ali	Fneich	Jamhour	54.32			

FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	1	Aziza	Sbaity	Antonins	23.90	-2.3		
FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	2	Leen	Ghezawi	Jamhour	27.35	-2.3		
FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	3	Mary Joy	Hakim	Antonins	27.88	-2.3		
FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	4	Maria	Nassar	Jamhour	29.36	-2.3		
FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	5	Marise	Nassour	Blue Stars	30.67	-2.3		
FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	6	Nawal	Saleh	Al ARZ	30.78	-2.3		
FLA MEETING	29	may	2021	sports city- beirut	200m	Women	F	Final	7	Chanel	Kamel	Jamhour	32.05	-2.3		

FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	1	nour eddine	hadid	Army	21.35	-2.7		
FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	2	Ronald	Kassab	Jamhour	23.91	-2.7		
FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	3	Ali	Hachem	Jamhour	24.08	-2.7		
FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	4	Mazen	Shraim	INTER	24.28	-2.7		
FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	5	Ali	Fneich	Jamhour	24.57	-2.7		
FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	6	Hadi	Harb	Antonins	24.68	-2.7		
FLA MEETING	29	may	2021	sports city- beirut	200m	Men	M	Final	7	Joe	Kamel	Jamhour	25.16	-2.7		

FLA MEETING	29	may	2021	sports city- beirut	3000m steeplechase	Men	M	Final	1	omar	al kek	Army	9:53.68			
FLA MEETING	29	may	2021	sports city- beirut	3000m steeplechase	Men	M	Final	2	hussein	kais	Army	9:58.63			
FLA MEETING	29	may	2021	sports city- beirut	3000m steeplechase	Men	M	Final	3	mohammad	haidar	Army	10:05.86			
FLA MEETING	29	may	2021	sports city- beirut	3000m steeplechase	Men	M	Final	4	mohammad	kdouh	Army	10:10.46			

FLA MEETING	29	may	2021	sports city- beirut	3000m steeplechase	Women	F	Final	1	Loaa	Zaarour	Interlebanon	12:01.38			
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FLA MEETING	29	may	2021	sports city- beirut	Javelin (800g)	Men	M	Final	1	NABIL	AL AKOUMI	ARMY	58.59			
FLA MEETING	29	may	2021	sports city- beirut	Javelin (800g)	Men	M	Final	2	Abdel Rahman	Al Hellani	ARMY	56.46			

FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Men	M	Final	1	RAAFAT	MATAR	ARMY	6.51	+1.4		
FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Men	M	Final	2	Ronald	Kassab	jamhour	6.41	-0.3		
FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Men	M	Final	3	YOUSEF	HMEDE	ARMY	5.76	-0.7		
FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Men	M	Final	4	Joe	Kamel	jamhour	5.66	+0.9		
FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Men	M	Final	5	issa	mahdi	ansar	5.46	+0.0		
FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Men	M	Final	6	Mohamad	Hawilo	Interlebanon	4.88	+0.6		

FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Women	F	Final	1	Krystal	Saneh	Blue Stars	5.60	+1.5		
FLA MEETING	29	may	2021	sports city- beirut	Long Jump	Women	F	Final	2	Marise	Nassour	Blue Stars	4.39	-0.5		

FLA MEETING	29	may	2021	sports city- beirut	Discus 2kg	Men	M	Final	1	Rami	Mansour	Army	43.32			
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FLA MEETING	29	may	2021	sports city- beirut	Discus 1.5kg	u18boys	M	Final	1	michael	ghaleb	Batroun Stars	22.20			
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FLA MEETING	29	may	2021	sports city- beirut	Discus 1.25kg	u16boys	M	Final	1	adimar	houayek	Batroun Stars	26.00			
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FLA MEETING	29	may	2021	sports city- beirut	Discus 1kg	Women	F	Final	1	CENDRELLA	HOUAYEK	Batroun Stars	21.43			
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FLA MEETING	29	may	2021	sports city- beirut	Hammer 3kg	u18girls	F	Final	1	MARIAM	YOUSSEF	Batroun Stars	39.25			NEW RECORD U18
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FLA MEETING	29	may	2021	sports city- beirut	Hammer 4kg	Women	F	Final	1	CENDRELLA	HOUAYEK	Batroun Stars	23.33			
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FLA MEETING	29	may	2021	sports city- beirut	Hammer 4kg	u16boys	M	Final	1	adimar	houayek	Batroun Stars	29.49			
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