



بطولة وكأس الاتحاد 2025 لإخترق الضاحية

الاتحاد اللبناني للألعاب القوى
FÉDÉRATION LIBANAISE D'ATHLÉTISME

2025 Lebanese Cup and Open Cross Country Championships

12 JAN 2025 - HORSH BEIRUT

RESULTS WOMEN -10KM

Over ALL

أفرادي

POSITION	BIB	NAME	CATEGORY	TIME	GENDER	Club
1	1756	MAKARY HAMALIAN Joan	W COMF	0:36:27	F	Let's Run
2	1682	SHRAIM Karine	WOMENF	0:38:39	F	Blue Stars
3	1732	HAYEK SERENA	W COMF	0:39:02	F	INTER
4	1735	MURRAY MARIE	W COMF	0:39:40	F	INTER
5	1734	ZAAROUR LOAA	W COMF	0:40:15	F	INTER
6	1704	GHOUSSAINI Nour	W COMF	0:40:42	F	ERC
7	1733	TOMAZOU JENNIFER	W COMF	0:41:40	F	INTER
8	1761	EL ACHKAR Jasmine	W COMF	0:42:16	F	Let's Run
9	1738	JISR NADA	W COMF	0:42:19	F	INTER
10	1703	KHALIFE Ramona	W COMF	0:42:30	F	ERC
11	1705	KAHOUCHE Helene	W COMF	0:42:58	F	ERC
12	1696	SAMA Moustafa	W COMF	0:43:04	F	CSJ
13	1763	KAMAL DINE Loubna	W COMF	0:43:15	F	Let's Run
1	1742	CHMAITELLI NOURHAN	WOMEN NOT LEB	0:43:20	F	INTER
14	1741	KEMP PHOEBE	WOMENF	0:44:24	F	INTER
15	1702	NEHMEH Nadia	W COMF	0:45:08	F	ERC
16	1760	HADDAD Jessy	W COMF	0:45:28	F	Let's Run
17	1762	IRANI Roula	W COMF	0:45:48	F	Let's Run
18	1707	DAGHER Samia	W COMF	0:47:09	F	ERC
19	1697	LÉA Mehchi	W COMF	0:49:17	F	CSJ
20	1706	YASSINE May	W COMF	0:49:19	F	ERC
21	1699	CHRISTIA Slim	W COMF	0:50:06	F	CSJ
22	1645	HASSAN Nagham	WOMENF	0:51:06	F	Antonins
23	1698	NEA Lamah	W COMF	0:51:42	F	CSJ
24	1683	EL HAJJ Zeina	WOMENF	0:51:51	F	Blue Stars
25	1724	ABBAS Rana	WOMENF	0:52:43	F	Hom Beirut
26	1765	AL HAJJAR Bann	WOMENF	0:57:59	F	Let's Run
27	1723	STEPHAN Joy	WOMENF	0:59:01	F	Hom Beirut
28	1708	HAMDAN Kawathar	WOMENF	0:59:37	F	ERC
29	1764	BUKHARI Leah	WOMENF	1:04:23	F	Let's Run

BY TEAM

فرق

	1	2	3	4	5	6	TOTAL	POSITION
INTER	3	4	5	7	9	X	19	1
Let's Run	1	8	13	16	17	X	38	2
ERC	6	10	11	15	18	20	42	3
CSJ	12	19	21	23	X	X	75	4