



## Lebanese Masters Cross Country 2025

الاتحاد اللبناني للالعاب القوى  
FEDERATION LIBANAISE D'ATHLETISME

بطولة لبنان لإختراق الضاحية للقدامى - الماسترس 2025 (فوق 34 سنة-مواليد 1990 و ما دون)

12 JANUARY 2025 - HORSH BEIRUT

BIB	NAME	SURNAME	Club	CATEGORY	GENDER	YOB
1529	Hiba	Traboulsi	ERC	Masters 1 F 35-39	F	1988
1530	Farah	Shouman	ERC	Masters 1 F 35-39	F	1989
1518	Rana	MERHI BLEIK	CHAMPS	Masters 2 F 40-44	F	1983
1556	LAMA	JAMAL	INTER	Masters 2 F 40-44	F	1985
1562	ENAAM	KHALED	INTER	Masters 3 F 45-49	F	1978
1563	RASSIL	ABOU ZAHER	INTER	Masters 3 F 45-49	F	1978
1519	Najoud	AL KRAIDI	CHAMPS	Masters 3 F 45-49	F	1979
1520	Ibtissam	ABOU SALHAB	CHAMPS	Masters 3 F 45-49	F	1980
1564	RASHA	SHANOUHA	INTER	Masters 3 F 45-49	F	1980
1503	Mireille	Matar	Antonins	Masters 4 F 50-54	F	1971
1522	Insaf	AMAR	CHAMPS	Masters 4 F 50-54	F	1972
1631	Noha	Beydoun	Let's Run	Masters 4 F 50-54	F	1973
1573	ARIB	FARAJ	INTER	Masters 4 F 50-54	F	1974
1574	Alia	Haidar	INTER	Masters 4 F 50-54	F	1974
1580	Nada	Sejaan	INTER	Masters 5 F 55-59	F	1966
1538	Elga	Trad	ERC	Masters 5 F 55-59	F	1967
1581	Nicole	Elias	INTER	Masters 5 F 55-59	F	1968
1582	WIJDAN	HAMMOUD	INTER	Masters 5 F 55-59	F	1968
1524	Zeina	AL HALABI	CHAMPS	Masters 5 F 55-59	F	1970
1583	JAMAL	JABER	INTER	Masters 5 F 55-59	F	1970
1590	ANI	GURNIAN HAYEK	INTER	Masters 6 F 60-64	F	1962
1504	khaled	al dennawi	ARMY	Masters 1 M 35-39	M	1986
1531	Hussein	Fahes	ERC	Masters 1 M 35-39	M	1986
1597	Assi	Alchaar	ISF	Masters 1 M 35-39	M	1986
1598	Khaled	Kadoura	ISF	Masters 1 M 35-39	M	1987
1599	gey	Sasine	ISF	Masters 1 M 35-39	M	1987
1619	Karim	Amatoury	Let's Run	Masters 1 M 35-39	M	1987
1621	Elie	Hneine	Let's Run	Masters 1 M 35-39	M	1987
1553	FIRAS	KHALIL	INTER	Masters 1 M 35-39	M	1988
1622	Peter	Chalhoub	Let's Run	Masters 1 M 35-39	M	1988
1506	kamal	al ahmad	ARMY	Masters 1 M 35-39	M	1989
1554	Khalil	Ghzayel	INTER	Masters 1 M 35-39	M	1989
1600	joulian	salameh	ISF	Masters 1 M 35-39	M	1989
1601	Rida	Al Chaar	ISF	Masters 1 M 35-39	M	1989

	1507	hani	issaei	ARMY	Masters 1 M 35-39	M	1990
	1555	OMAR	MOUGHARBEL	INTER	Masters 1 M 35-39	M	1990
	1544	Antoine	Choueiry	Hom Beirut	Masters 2 M 40-44	M	1981
	1557	Marc Albert	Hamalian	INTER	Masters 2 M 40-44	M	1981
	1558	Mustapha	Tabch	INTER	Masters 2 M 40-44	M	1981
	1559	DIB	CHBIB	INTER	Masters 2 M 40-44	M	1981
	1532	Rabih	Khalil	ERC	Masters 2 M 40-44	M	1982
	1550	Khaled	Estfan	Hom. BH	Masters 2 M 40-44	M	1982
	1602	kassem	jaber	ISF	Masters 2 M 40-44	M	1982
	1623	Khalil	El Asmar	Let's Run	Masters 2 M 40-44	M	1982
	1560	Chadi	Halabi	INTER	Masters 2 M 40-44	M	1983
	1624	Youssef	Assaker	Let's Run	Masters 2 M 40-44	M	1984
	1533	charbel	badr	ERC	Masters 2 M 40-44	M	1985
	1561	TOUFIC	AL CHAMMAS	INTER	Masters 2 M 40-44	M	1985
	1625	Tarek	Germanos	Let's Run	Masters 2 M 40-44	M	1985
	1501	Chadi	Yassine	Antonins	Masters 3 M 45-49	M	1976
	1508	mohammad	saaifan	ARMY	Masters 3 M 45-49	M	1976
	1545	Richard	Souaiby	Hom Beirut	Masters 3 M 45-49	M	1976
	1546	Asadour	Asadourian	Hom Beirut	Masters 3 M 45-49	M	1976
	1551	Kevork	Altounian	Hom. BH	Masters 3 M 45-49	M	1976
	1566	ELIAS	KHOUEIRY	INTER	Masters 3 M 45-49	M	1976
	1605	wissam	houdayfeh	ISF	Masters 3 M 45-49	M	1976
	1611	ali	soleiman	kalaa	Masters 3 M 45-49	M	1976
	1552	Joseph	Saab	Hom. BH	Masters 3 M 45-49	M	1977
	1626	Georges	Debline	Let's Run	Masters 3 M 45-49	M	1977
	1627	Issam	Abi Saleh	Let's Run	Masters 3 M 45-49	M	1977
	1567	GEORGES	WADIH	INTER	Masters 3 M 45-49	M	1978
	1568	Serge	Yared	INTER	Masters 3 M 45-49	M	1978
	1606	Malek	Dagher	ISF	Masters 3 M 45-49	M	1978
	1628	Samir	Sarrouf	Let's Run	Masters 3 M 45-49	M	1978
	1521	Houssam	ABOU ZOUR	CHAMPS	Masters 3 M 45-49	M	1979
	1607	Kristian	Achkar	ISF	Masters 3 M 45-49	M	1979
	1502	abbas	berjaoui	Antonins	Masters 3 M 45-49	M	1980
	1509	khaled	ayyach	ARMY	Masters 3 M 45-49	M	1980
	1569	Hamza	Chaar	INTER	Masters 3 M 45-49	M	1980
	1571	MOHAMAD	MELHEM	INTER	Masters 3 M 45-49	M	1980
	1572	BASSEL	BAKER	INTER	Masters 3 M 45-49	M	1980
	1608	salah dine	ouwaydate	ISF	Masters 3 M 45-49	M	1980
	1629	Wissam	Kheir	Let's Run	Masters 3 M 45-49	M	1980

	1523	Wassim	JABER	CHAMPS	Masters 4 M 50-54	M	1971
	1534	Joesph	Khalil	ERC	Masters 4 M 50-54	M	1972
	1535	Raymond	Nehme	ERC	Masters 4 M 50-54	M	1972
	1577	BRUNO	SALWAN	INTER	Masters 4 M 50-54	M	1972
	1632	Bassam	Kolfat	Let's Run	Masters 4 M 50-54	M	1972
	1536	Marwan	Khoury	ERC	Masters 4 M 50-54	M	1973
	1537	Hussein	Awada	ERC	Masters 4 M 50-54	M	1973
	1633	Daoud	Mostafa	Let's Run	Masters 4 M 50-54	M	1973
	1510	hussein	Ihaf	ARMY	Masters 4 M 50-54	M	1974
	1578	Riyad	Khoury	INTER	Masters 4 M 50-54	M	1974
	1579	Wissam	Yazbeck	INTER	Masters 4 M 50-54	M	1974
	1612	ali	awad	kalaa	Masters 4 M 50-54	M	1974
	1547	Vicken	Ketchedjian	Hom Beirut	Masters 4 M 50-54	M	1975
	1548	Dany	Mourad	Hom Beirut	Masters 4 M 50-54	M	1975
	1525	Hussam	BADREDDIN	CHAMPS	Masters 5 M 55-59	M	1966
	1539	Raymond	Semaan	ERC	Masters 5 M 55-59	M	1966
	1585	Abdallah	Khazaal	INTER	Masters 5 M 55-59	M	1966
	1587	Georges	Sejaan	INTER	Masters 5 M 55-59	M	1967
	1511	Said	TAWBE	ARZ	Masters 5 M 55-59	M	1968
	1512	Refaat	EL SANEH	ARZ	Masters 5 M 55-59	M	1968
	1513	Yehya	MOUNZER	ARZ	Masters 5 M 55-59	M	1969
	1517	Omar	Barody	Blue Stars	Masters 5 M 55-59	M	1969
	1588	CHARBEL	BERKACHE	INTER	Masters 5 M 55-59	M	1969
	1589	AYMAN	KAISSI	INTER	Masters 5 M 55-59	M	1969
	1635	Saad	Sabeh Ayoun	Let's Run	Masters 5 M 55-59	M	1969
	1641	Charbel	Berkachi	State Security	Masters 5 M 55-59	M	1969
	1514	Adel	Yehya	ARZ	Masters 5 M 55-59	M	1970
	1609	yassine	arabia	ISF	Masters 6 M 60-64	M	1961
	1591	Joseph	Saade	INTER	Masters 6 M 60-64	M	1962
	1592	GEORGES	JAMAL	INTER	Masters 6 M 60-64	M	1962
	1515	Ali	HIJAZI	ARZ	Masters 6 M 60-64	M	1963
	1593	MARWAN	NASR	INTER	Masters 6 M 60-64	M	1963
	1615	houssien	chya7	kalaa	Masters 6 M 60-64	M	1963
	1540	Ziad	Boustany	ERC	Masters 6 M 60-64	M	1964
	1549	Charle	Al Tannoury	Hom Beirut	Masters 6 M 60-64	M	1964
	1616	ali	choaib	kalaa	Masters 6 M 60-64	M	1964
	1636	Viken	Hannessian	Let's Run	Masters 6 M 60-64	M	1964
	1637	Richard	Malek	Let's Run	Masters 6 M 60-64	M	1964
	1642	Ziad	Attieh	State Security	Masters 6 M 60-64	M	1964
	1541	Ramzi	Ghanem	ERC	Masters 6 M 60-64	M	1965
	1594	Ali	Makki	INTER	Masters 6 M 60-64	M	1965
	1639	Roland	Haraoui	Let's Run	Masters 6 M 60-64	M	1965
	1542	Elias	Hoyek	ERC	Masters 7 M 65-69	M	1957
	1526	Mhamad	BASSAR	CHAMPS	Masters 7 M 65-69	M	1958
	1527	Nabil	EL HALABI	CHAMPS	Masters 8 M 70 +	M	1947
	1617	houssien	amhaz	kalaa	Masters 8 M 70 +	M	1949
	1595	Antoine	el Khazen	INTER	Masters 8 M 70 +	M	1951
	1516	Rafic	EL HAMRA	ARZ	Masters 8 M 70 +	M	1953
	1618	ali	chereif	kalaa	Masters 8 M 70 +	M	1953
	1543	Habib	Trad	ERC	Masters 8 M 70 +	M	1954
	1596	AHMAD	GHZAYEL	INTER	Masters 8 M 70 +	M	1955