

Results Spring Leb Mountain Trail 2025 \25km\ (1/6/2025)

Rang	Chrono	Dossard		Nom-Prénom	Cat.	Club
1	2:24:36	301	301	KARIM Ramadan	25-34M	itra 754
2	2:32:42	370	370	BEN Craig	25-34M	(none)
3	2:37:04	380	380	ELIAS Abou Rachid	25-34M	(none)
4	2:43:48	391	391	GEORGE Wakim	25-34M	My Performance Psychologist
5	2:50:21	427	427	MOUWFAQ Khatib	35-44M	Amn Dawle
6	2:58:45	354	354	YOUSSEF Assaker	35-44M	Let's Run
7	2:59:13	421	421	MARIA loufeki	18-24F	itra 601
8	3:00:44	414	414	KARINE Shraim	35-44F	itra 576
9	3:01:30	381	381	ELIAS Soueidi	35-44M	Wolfpack
10	3:05:32	379	379	ELIAS Khoueiry	45-54M	Us embassy club
11	3:05:37	305	305	MARIE Murray	35-44F	Inter Lebanon
12	3:06:02	449	449	RICHARD Weir	35-44M	(none)
13	3:06:42	377	377	DOMINIK Koepl	35-44M	TBC
14	3:08:25	334	334	GEORGE Nakhle	45-54M	Elite running club
15	3:09:16	304	304	LUIGI Angelil	18-24M	LAU
16	3:09:18	397	397	HAMZA Al chaar	45-54M	(none)
17	3:09:24	417	417	KIROLLOS Fares	35-44M	(none)
18	3:13:06	302	302	AYMAN Zeinab	45-54M	Lebanese Army
19	3:14:31	409	409	JOEY Angelil	18-24M	LAU
20	3:15:43	451	451	RIDA Saleh	45-54M	(none)
21	3:19:00	326	326	ROY Karaky	35-44M	Fortis Tigris
22	3:19:30	373	373	CHARBEL Khoueiry	18-24M	AUB PHOENIX
23	3:22:29	345	345	MATTHEW Kynaston	35-44M	Let's Run
24	3:24:30	383	383	ELIO Abdel Nour	25-34M	(none)
25	3:25:35	426	426	MOUAZEN Bachir	25-34M	One man team
26	3:29:05	365	365	AWTEL Tannous Lichaa	35-44M	(none)
27	3:29:19	352	352	SAMER Makhoul	35-44M	Let's Run
28	3:29:26	450	450	RIDA Chaar	35-44M	(none)
29	3:31:40	358	358	ALI Wayzani	35-44M	(none)
30	3:31:50	307	307	JOSEPH Bou Onk	45-54M	Fortis Tigris
31	3:31:53	362	362	ANTRANIK Baklayan	35-44M	We lead
32	3:32:28	306	306	TANIA Laham	45-54F	ATCL
33	3:34:20	308	308	TOUFIC Eido	45-54M	961 Runners
34	3:34:23	328	328	ANDRE-NOËL Ghanem	25-34M	Fortis Tigris
35	3:34:25	310	310	CLARA Atallah	18-24F	Swifters
36	3:36:05	388	388	FREDERIC Abdallah	18-24M	Swifters
37	3:37:52	366	366	AYA Wehbe	25-34F	The Crew
38	3:38:05	394	394	GHIDA Hamieh	35-44F	Team Tony
39	3:38:15	347	347	RALPH Abi Ghanem	25-34M	Lebanese Army
40	3:39:32	341	341	KARIM Rifai	45-54M	Let's run
41	3:40:00	316	316	VINCENT Bassil	25-34M	(none)
42	3:40:03	445	445	RABIH Younes	35-44M	(none)

43	3:40:09	340	340	JULIANA EPHREM	35-44F	Fortis Tigris
44	3:40:48	474	474	YVES Sfeir	25-34M	(none)
45	3:42:38	333	333	ELIAS Asmar	35-44M	ISF
46	3:43:34	311	311	BOUTROS Abi Ramia	25-34M	Dwayk
47	3:45:42	500	500	ROULA Irani	25-34F	Let's Run
48	3:46:06	440	440	PETER Kitlas	35-44M	542
49	3:46:20	420	420	MARC BOU NASSAR	25-34M	MBN
50	3:46:22	313	313	AYA Misto	25-34F	United running team
51	3:46:41	332	332	EDWARD Melki	45-54M	Let's Run
52	3:47:09	442	442	PETER Tawil	35-44M	(none)
53	3:47:37	430	430	NADINE wayzani	35-44F	(none)
54	3:47:38	436	436	NOUR Al ghousaini	25-34F	(none)
55	3:50:35	455	455	ROY korkmaz	25-34M	Roy
56	3:50:38	337	337	IBRAHIM Mhanna	25-34M	Fortis Tigris
57	3:50:46	309	309	EMILIO Bou Onk	18-24M	Fortis Tigris
58	3:53:03	435	435	NINA Gaineanu	35-44F	Swifters
59	3:54:07	387	387	FRANÇOIS Cousineau	45-54M	Past and Furious
60	3:57:14	466	466	AYMAN Kaissi	55+M	Roadrunners
61	3:57:29	342	342	LEILA Haidar	35-44F	Let's run
62	3:58:15	335	355	GEORGE Aoun	35-44M	Lebanese Army
63	3:58:52	348	348	NABILE Hijazy	45-54M	Lebanese Army
64	3:59:15	303	303	BAHAA Eid	35-44M	Run4life.bchamoun
65	3:59:16	499	499	HICHAM Ahmadeye	25-34M	ISF
66	4:00:23	315	315	RASHA Abi Joumaa	35-44F	Team Ali
67	4:02:03	471	471	NAZIRA Joumblatt	45-54F	Tony team
68	4:02:19	312	312	ABDULRHMAN Misto	18-24M	Rafik Hariri University
69	4:02:23	386	386	FATEN Hamzeh	35-44F	Mountain Warriors
70	4:06:06	446	446	RANIM Abdel Khalek	25-34F	(none)
71	4:06:12	470	470	OMAR Chaar	18-24M	My performance Phycologist
72	4:06:36	321	321	MARIAM Hashem	35-44F	Run4life.bchamoun
73	4:06:58	319	319	JACQUES Abi Ramia	55+M	Dwayk
74	4:12:36	344	344	MARWAN Abu Chakra	35-44M	Lebanese Army
75	4:13:10	411	411	JULIEN Hojeili	45-54M	TEAM NASER
76	4:13:29	439	439	OMAR Labban	25-34M	(none)
77	4:16:24	318	318	LINA Ala eddine	25-34F	Lina
78	4:17:06	448	448	REEM Al Andary	45-54F	Mountain Warriors
79	4:18:08	415	415	KHALED Al Abed	18-24M	Khaled
80	4:19:04	473	473	AMANDS Melville	45-54F	(none)
81	4:21:09	401	401	HOUSEP Masserlian	18-24M	We lead
82	4:21:16	368	368	BACHIR Radwan	25-34M	(none)
83	4:22:20	453	453	ROLAND Haraoui	55+M	Rols
84	4:22:45	359	359	ANIS Bekhazi	25-34M	Arnab
85	4:22:49	412	412	JULIEN Lagarrigue	45-54M	Past and furious
86	4:22:51	324	324	HOUSSAM Fakhreddine	45-54M	We lead
87	4:23:03	460	460	TARA Kenkhuis	35-44F	(none)
88	4:25:27	396	396	HANADI Abdelrahman	35-44F	Momentum
89	4:29:20	364	364	ARNO van der Merwe	45-54M	DBX Trailrunners
90	4:30:27	456	456	ROY Wehbe	25-34M	Roy Wehbe
91	4:32:40	390	390	GAELLE Boustany	18-24F	(none)

92	4:35:17	320	320	ABDO Sebaali	25-34M	Abdo
93	4:26:12	424	424	MAYASSA Kiwan	25-34F	(none)
94	4:36:16	407	407	JOELLE Baaklini	35-44F	We lead
95	4:36:17	327	327	ROY Kazan	35-44M	Swifters
96	4:37:19	329	329	BECHARA Rammouz	25-34M	Fortis Tigris
97	4:37:20	438	438	NOURA Diab	35-44F	KeenS
98	4:45:52	392	392	GEORGES Abou tayeh	45-54M	Saida
99	4:45:53	322	322	SALLY Abou AlJoud	25-34F	961 Runners
100	4:45:54	323	323	SARA Stachelhaus	25-34F	961 Runners
101	4:45:55	469	469	KELLY O'Donovan	35-44F	na
102	4:45:56	461	461	TAREK Munzer	35-44M	961 Runners
103	4:46:17	408	408	JOELLE el hachem	35-44F	961 Runners
104	4:46:18	418	418	Lea Khoury	25-34F	(none)
105	4:49:20	395	395	HANAN Abdel khalek	45-54F	(none)
106	4:50:23	317	317	ROLAND Moundalak	25-34M	(none)
107	4:56:42	375	375	DAVID El Chabab	45-54M	Happy Feet
108	4:57:12	431	431	NADIRA Masri	35-44F	Nadira
109	5:02:42	447	447	RASHED Fakhri	45-54M	Road
110	5:05:40	403	403	HUSSEIN Allaham	25-34M	(none)
111	5:05:55	443	Bland	Rabih Al Jammal	Visually impaired	
112	5:06:09	249	249	Nagi Fayad	45-54M	
113	5:12:08	402	402	HUSSAM Shbaro	55+M	We lead
114	5:13:00	371	371	BILAL Bayram	55+M	Wardanieh RC
115	5:13:32	343	343	MARWA Melhim	45-54F	Lebanese Army
116	5:13:33	360	360	ANNAKARIN Johannesson	55+F	Wardanieh RC
117	5:13:33	355	355	zoya hmayed	45-54F	lebanese army
118	5:13:34	423	423	MAY Hariri	45-54F	We lead
119	5:14:40	458	458	SEENA Akbary	25-34M	Energy Camp
120	5:16:42	404	404	IBRAHIM Jabri	35-44M	(none)
121	5:16:43	462	462	TONY Abi rached	25-34M	We lead
122	5:22:16	452	452	RIHAM Salam	25-34F	We lead
123	5:22:17	410	410	JOSEPH Bachaalany	25-34M	We lead
124	5:23:26	419	419	MAHMOUD Abboud	25-34M	We lead
125	5:23:27	367	367	AZIZ El Haybe	35-44M	We lead
126	5:23:28	393	393	GHENWA Mansour	25-34F	Team Phoenix Tabarja
127	5:25:23	382	382	ELIE Al Haddad	35-44M	Lebanese Runners
128	5:25:24	467	467	Enaam Khaled	45-54F	Roadrunners
129	5:25:25	331	331	Carine Chaanine	45-54F	Fortis Tigris
130	5:35:15	433	433	Nayri Jabotian	25-34F	We lead
131	5:35:16	360	360	Areej Merhi	35-44F	We lead
132	5:36:29	314	314	Georges chami	35-44M	We lead
133	5:49:55	399	399	Hassan Ajami	55+M	We lead
134	5:53:17	376	376	Dima Chammaa	35-44F	We lead
135	5:53:18	434	434	Nibal Hatoum	35-44F	(none)
136	5:54:40	468	468	Marwan Tabara	35-44M	(none)
137	6:00:00	372	372	Bouchra Douihi	35-44F	(none)

Class/Cat.	Sexe
1° 25-34M	M
2° 25-34M	M
3° 25-34M	M
4° 25-34M	M
1° 35-44M	M
2° 35-44M	M
1° 18-24F	F
1° 35-44F	F
3° 35-44M	M
1 M	
2° 35-44F	F
4° 35-44M	M
5° 35-44M	M
2 M	
1 M	
3 M	
6° 35-44M	M
4 M	
2 M	
5 M	
7° 35-44M	M
3 M	
8° 35-44M	M
5° 25-34M	M
6° 25-34M	M
9° 35-44M	M
10° 35-44M	M
11° 35-44M	M
12° 35-44M	M
6 M	
13° 35-44M	M
1 F	
7 M	
7° 25-34M	M
2° 18-24F	F
4 M	
1° 25-34F	F
3° 35-44F	F
8° 25-34M	M
8 M	
9° 25-34M	M
14° 35-44M	M

4° 35-44F	F
10° 25-34M	M
16° 35-44M	M
11° 25-34M	M
2° 25-34F	F
17° 35-44M	M
12° 25-34M	M
3° 25-34F	F
9	M
18° 35-44M	M
5° 35-44F	F
4° 25-34F	F
13° 25-34M	M
14° 25-34M	M
5	M
6° 35-44F	F
10	M
1° 55+M	M
7° 35-44F	F
19° 35-44M	M
11	M
20° 35-44M	M
15° 25-34M	M
8° 35-44F	F
2	F
6	M
9° 35-44F	F
5° 25-34F	F
7	M
10° 35-44F	F
2° 55+M	M
21° 35-44M	M
12	M
16° 25-34M	M
6° 25-34F	F
3	F
8	M
4	F
9	M
17° 25-34M	M
3° 55+M	M
18° 25-34M	M
13	M
14	M
11° 35-44F	F
12° 35-44F	F
15	M
19° 25-34M	M
3° 18-24F	F

20° 25-34M	M
7° 25-34F	F
13° 35-44F	F
22° 35-44M	M
21° 25-34M	M
14° 35-44F	F
16	M
8° 25-34F	F
9° 25-34F	F
15° 35-44F	F
23° 35-44M	M
16° 35-44F	F
10° 25-34F	F
5	F
22° 25-34M	M
17	M
17° 35-44F	F
18	M
23° 25-34M	M
1	M
19	M
5° 55+M	M
6° 55+M	M
6	F
1° 55+F	F
7	F
8	F
24° 25-34M	M
24° 35-44M	M
25° 25-34M	M
11° 25-34F	F
26° 25-34M	M
27° 25-34M	M
25° 35-44M	M
12° 25-34F	F
26° 35-44M	M
9	F
10	F
13° 25-34F	F
18° 35-44F	F
27° 35-44M	M
7° 55+M	M
19° 35-44F	F
20° 35-44F	F
28° 35-44M	M
21° 35-44F	F

|

Results Spring Leb Mountain Trail 2025 \50km\ (1/6/2025)

Rang	Chrono	Dossard	Nom-Prénom	Cat.	Nationality	Club	Class/Cat.	Sexe
1	5:37:57	234	Pete Harrison	25-34	British	Tbilisi Running Club	1	Male
2	6:34:23	201	Joseph EL Kozah	35-44	Lebanese	Alpha	1	Male
3	6:50:19	218	Rony Sheikhan	25-34	Lebanese	ISF	2	Male
4	6:58:30	217	Raydan Hamza	25-34	Lebanese	ISF	3	Male
5	7:42:30	219	Charbel Sattouf	25-34	Lebanese	Fortis tigris	4	Male
6	7:43:10	220	Dalia Ramadan	25-34	Lebanese	(none)	1	Female
7	7:45:50	202	Ziad Khawam	45-54	Lebanese	Alpha	1	Male
8	7:47:30	206	Kevin Meister	25-34	French	(none)	5	Male
9	7:52:10	213	Ali Rizik	35-44	Lebanese	Lebanese Army	2	Male
10	7:56:28	204	Burhan Fakher	35-44	Lebanese	Alpha	3	Male
11	7:58:10	214	Habib Tanious	35-44	Lebanese	Lebanese Army	4	Male
12	7:58:55	203	Chawky Reaidy	55+	Lebanese	Elite	1	Male
13	8:02:15	227	Choucraallah karam	45-54	Lebanese/French	Trail runners DxB	2	Male
14	8:21:33	225	Aouni Hajar	45-54	Lebanese	N/A	3	Male
15	8:37:12	241	Tarek Dib	45-54	Palestinian	Tarek	4	Male
16	8:37:48	212	Ali Maaz	35-44	Lebanese	Lebanese Army	5	Male
17	8:38:50	239	Riham Abou Ali	25-34	Lebanese	We Lead	6	Male
18	8:38:50	224	Alaa Hmaid	35-44	Lebanese	We Lead	1	Female
19	8:55:20	230	Jean-Baptiste Huret	35-44	French	Past and furious	6	Male
20	8:57:35	235	Raed Kai	35-44	Lebanese	Dubai trailrunners	7	Male
21	9:02:35	231	Josef Abi khalil	55+	Lebanese	Jouneh team	2	Male
22	9:03:20	207	Alexandre Ingargiola	35-44	French	(none)	8	Male
23	9:11:05	223	Abdulrahman Badr	25-34	Lebanese	Crossfit961	7	Male
24	9:11:10	238	Ranwa Zahr	35-44	Lebanese	Trail Runners DXB	2	Female
25	9:11:30	205	Ibrahim Mallo	35-44	Lebanese	Saado's	9	Male
26	9:28:40	215	Khalid Kaddoura	35-44	Lebanese	ISF	10	Male
27	10:01:25	208	Amine Nakhle	35-44	Lebanese	(none)	11	Male
28	10:29:20	228	Firas Abdo	45-54	Lebanese	momentum	5	Male
29	10:29:41	216	Nidal Khaddaj	25-34	Lebanese	ISF	8	Male
30	10:32:43	226	Bassam Deeb	55+	Lebanese	Singel	3	Male
31	11:15:33	210	Pascale Saad	45-54	Lebanese	Alpha	1	Female
32	11:33:42	211	Elie Habbaki	35-44	Lebanese	Oh yeah	12	Male
33	11:38:58	236	Rami Merza	18-24	Lebanese	(none)	1	Male
34	11:54:24	232	Maya Matar	35-44	Lebanese	Momentum	3	Female
35	11:54:24	240	Roula Alhakim	35-44	Lebanese	Momentum	4	Female
36	11:57:46	222	Mariam Moussa	35-44	Lebanese	(none)	5	Female
DNS	-	221	Hanadi Abdelrahman	35-44	Lebanese	Momentum	-	Female
DNS	-	237	Rana Merhi	35-44	Lebanese	542	-	Female
DNS	-	233	Oliver Sawle	35-44	British	(none)	-	Male
DNS	-	229	Houssam Kaddoura	45-54	Lebanese	(none)	-	Male
DNS	-	209	Richard Malek	55+	Lebanese	Yeti_GT	-	Male

Results Spring Leb Mountain Trail 2025 \70km\ (1/6/2025)

Rang	Chrono	Dossard	Nom-Prénom	Cat.	Nationality	Club	Class/Cat	Sexe
1	8:22:11	101	Cedric Choukeir	35-44	Lebanese	Inter Lebanon	1	Male
2	8:36:45	102	Wissam Houdaifa	45-54	Lebanese	ISF	1	Male
3	9:10:45	104	Tarek Chalhoub	25-34	Lebanese	Lebanese Army	1	Male
4	9:17:40	105	Kassem Jaber	35-44	Lebanese	ISF	2	Male
5	9:47:30	116	Ahmed Abd Elhady	25-34	Egyptian	Wadi Ibex	2	Male
6	9:52:10	119	Bassem Khalil	35-44	Lebanese	FORTIS TIGRIS	3	Male
7	9:56:35	103	Zein Boustany	35-44	Lebanon	Ain kafarzabad	4	Male
8	9:57:06	106	Dean DeLoe	55+	American	Hejaz Ultra	1	Male
9	10:09:55	126	Romario Ibrahim	25-34	Lebanese	Amn Dawle	3	Male
10	10:20:00	112	Ali Jaber	45-54	Lebanese	ISF	2	Male
11	10:25:25	121	Eman Haggag	45-54	Egyptian	Ultrabedu	1	Female
12	10:31:35	124	Marwan Matar	45-54	Lebanese	Ironman	3	Male
13	12:04:10	111	Mohamad El kheir	25-34	Lebanese	Momentum	4	Male
14	12:20:08	117	Andy Scott	45-54	British	(none)	4	Male
15	12:33:42	108	Ali Khalifeh	35-44	Lebanon	Youbetterfly	5	Male
16	12:42:33	107	Marwan Atallah	35-44	Lebanese	(none)	6	Male
17	13:09:07	110	Ramzi Amhaz	25-34	Lebanese	(none)	5	Male
18	13:53:49	122	Maher Rasheed	35-44	Lebanese	Run for fun	7	Male
19	13:54:13	127	Walid Zein	55+	Lebanese	961runners	2	Male
20	14:02:10	109	Rabih Khalil	45-54	Lebanese	Fortis Tigris	5	Male
21	14:02:10	118	ANTONIOS RIZK	45-54	Lebanese	Fortis Tigris	6	Male
22	14:10:49	125	Raoul El Zeenni	25-34	Lebanese	Raoul	6	Male
23	14:14:08	128	Nicole Elias	55+	Lebanese	Interlebanon	1	Female
24	15:19:07	120	Charbel Saliba	18-24	Lebanon	Saliba	1	Male
25	15:19:07	123	marc sleiman	18-24	Lebanese	(none)	2	Male
DNS	-	114	Tarek Faraj	55+	Lebanese	Lebanese Army	-	Male
DNF	-	113	Elias Polion	25-34	Lebanese	(none)	-	Male
DNS	-	115	Abdallah Alaar	25-34	Syria	Fortis Tigris	-	Male