

RESULTS DAY 13-14-15-16/8-2026																		
MEETING	DATE				PLACE	EVENT	CATEGOR Y	M/F	HEAT	POS	NAME	FAMILY NAME	CLUB	PERF.	d	m	y	WIND m/s
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	WOMEN	F		1	MAIS	OBEID	INTERLEBANON	11.07	1	8	2008	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	WOMEN	F		2	CAROLIE	MAKARY	LETS RUN	10.21	8	6	2004	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	WOMEN	F		3	SERENA	HOAYEK	INTERLEBANON	9.11	15	4	2009	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	WOMEN	F		4	RITA	KAHWAGI	JAMHOUR	8.80	24	9	2007	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	WOMEN	F		5	MARIA	GHAZOUZI	JAMHOUR	8.67	17	1	2002	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	MEN	M		1	BADRI	OBEID	LEBANESE ARMY	14.46	1	1	1979	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	MEN	M		2	ALI	ABBAS	LEBANESE ARMY	13.28	12	6	1985	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	MEN	M		3	ALAIN	SAAD	INTERLEBANON	12.77	24	8	1996	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	MEN	M		4	CHARBEL	SAAD	INTERLEBANON	12.29	16	11	1994	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	MEN	M		5	CHARBEL	TANIOS	LETS RUN	10.98	2	2	2004	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	SHOT PUT	MEN	M		6	ELIAS	SAAD	JAMHOUR	8.52	23	6	2008	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	WOMEN	F		1	TAMARA	JREIJ	BATROUN STARS	5.26	22	4	2010	+0.8
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	WOMEN	F		2	CHANEL	RICHA	INTERLEBANON	5.04	21	3	2008	+2.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	WOMEN	F		3	LOLITA	HAYEK	LETS RUN	4.90	3	10	2005	+1.3
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	WOMEN	F		4	LYN	ABOU MRAD	JAMHOUR	4.24	20	2	2002	+1.5
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	WOMEN	F		5	LARA	JARWAN	INTERLEBANON	4.03	2	7	2005	+1.4
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	WOMEN	F		6	ELENA	HINDI	JAMHOUR	3.99	27	4	2009	+1.8
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		1	RASHEED	ALHOUT	LETS RUN	6.85	9	9	2007	+0.1
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		2	HADI	ISMAIL	LEBANESE ARMY	6.65	1	1	1989	-0.5
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		3	RAFAAT	MATAR	LEBANESE ARMY	6.61	25	4	1992	-0.8
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		4	MARVEN	EID	ANTONINE CLUB	6.38	17	10	2005	-1.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		5	RONALD	KASSAB	JAMHOUR	6.29	25	7	2002	+1.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		6	JEAN MARIE	ABI RACHED	JAMHOUR	6.15	8	9	2009	+0.3
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		7	YORGO	GCHARIB	INTERLEBANON	6.10	17	11	2007	+0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		8	KHALED	ZIADEH	BLUE STARS	5.82	23	1	2008	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		9	MALEK	ALHOUT	LETS RUN	5.63	27	4	2009	+0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		10	MICHEL	KHOURY	ANTONINE CLUB	5.55	19	10	2007	-0.5
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		11	KEVORK	BALIAN	HOMENTMEN BH	5.02	16	7	2009	-0.2
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	LONG JUMP	MEN	M		12	BERJ	BASTADJIAN	HOMENTMEN BH	4.90	27	4	2009	+0.2
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 1	1	HAYA	KOBROSLY	LET'S RUN	12.49	22	02	2002	-0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 1	2	LEEN	GHAZZAOUI	JAMHOUR	13.08	23	06	2002	-0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 1	3	MARIAM	MESSAYKEH	BATROUN STARS	13.12	11	12	2009	-0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 1	4	THERESA	BASIL	ANTONINE CLUB	14.07	20	01	2002	-0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 1	5	ANGELA	FAKH	BLUE STARS	14.50	3	11	2007	-0.7
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 2	1	AZIZA	SBAITY	LET'S RUN	11.98	17	11	1991	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 2	2	NAWAL	SALEH	INTERLEBANON	12.78	7	8	1996	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 2	3	RITA	KAHWAJI	JAMHOUR	13.29	24	9	2007	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 2	4	MAYA	OSMAN	BLUE STARS	13.82	2	5	2006	+0.0
FLA OPEN CLUB 2025	Thursday	12	August	2026	Jamhour	100M	WOMEN	F	Heat 2	5	PERLA	YOUSEF	ANTONINE CLUB	14.45	23	11	2005	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	Heat 2	6	ROYA	ELHABER	ATLETICA	14.69	3	8	2011	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	FINAL	1	AZIZA	SBAITY	LET'S RUN	11.81	17	11	1991	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	FINAL	2	HAYA	KOBROSLY	LET'S RUN	12.19	22	2	2002	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	FINAL	3	NAWAL	SALEH	INTERLEBANON	12.69	7	8	1996	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	FINAL	4	MARIAM	MESSAYEKH	BATROUN STARS	12.96	11	12	2009	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	FINAL	5	LEEN	GHAZZAOUI	JAMHOUR	13.13	23	6	2002	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	WOMEN	F	FINAL	6	RITA	KAHWAJI	JAMHOUR	13.21	24	9	2007	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 1	1	NOUREDDINE	HADID	INTERLEBANON	10.97	15	3	1994	-0.2
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 1	2	KEVIN	ARTOUN	JAMHOUR	11.17	3	1	2006	-0.2
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 1	3	HASAN	SOLOH	LEBANESE ARMY	11.21	10	3	1992	-0.2
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 1	4	GHADI	KHADRA	ANTONINE CLUB	11.56	5	6	2004	-0.2
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 2	1	ANDREW	DANNY	LET'S RUN	10.74	21	02	2005	-0.5

FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 2	2	MAJD	AKIL	INTERLEBANON	11.03	14	2	2006	-0.5
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 2	3	OTHMAN	ASKAR	ANTONINE CLUB	11.44	18	01	1999	-0.5
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 2	4	RALPH	JAMOUS	JAMHOUR	11.52	12	2	2008	-0.5
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 3	1	ROBERTO	SHEHADEH	BLUE STARS	10.94	22	10	2005	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 3	2	GHADI	ABOU CHAKRA	LET'S RUN	10.98	24	7	2011	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 3	3	YUSEF	HMEDE	LEBANESE ARMY	11.07	11	1	1990	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 3	4	MARC	FEGHALY	CHAMPVILLE	11.97	3	2	2008	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 3	5	CHARBEL	ALHAZOURY	BATROUN STARS	12.19	26	07	2010	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	Heat 3	6	BERJ	BASTADJIAN	HOMENTMEN BH	12.91	27	4	2009	+0.6
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	FINAL	1	ANDREW	DANNY	LET'S RUN	10.58	21	02	2005	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	FINAL	2	NOUREDDINE	HADID	INTERLEBANON	10.59	15	3	1994	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	FINAL	3	GHADI	ABOU CHAKRA	LET'S RUN	11.00	24	7	2011	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	FINAL	4	MAJD	AKIL	ITERLEBANON	11.01	14	2	2006	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	100M	MEN	M	FINAL	5	YUSEF	HMEDE	LEBANESE ARMY	11.25	11	1	1990	+0.0
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	WOMEN	F	FINAL	1	RASHA	BADRANI	LETS RUN	1:04.36	27	2	2002	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	WOMEN	F	FINAL	2	TALA	NAAMANI	LETS RUN	1:12.26	27	2	2002	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	WOMEN	F	FINAL	3	ELENA	HINDI	JAMHOUR	1:20.25	27	4	2009	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT1	1	AYMAN	KBAYDAT	LEBANESE ARMY	54.91	3	12	1996	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT1	2	KARIM	SLIM	INTERLEBANON	56.14	29	11	2006	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT 1	3	AMMAR	HAMMOUD	INTERLEBANON	57.84	27	5	2003	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT 1	4	CHARBEL	ELHABR	ANTONINE CLUB	58.51	23	9	2002	

FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT 2	1	JAD	AZZI	CHAMVILLE	58.49	26	5	2008	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT 2	2	GEORGES	ETER	JAMHOUR	1:00.60	5	3	2007	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	400m Hurdles	MEN	M	HEAT 2	3	HUSSEIN	ZAITER	LEBANESE ARMY	1:01.66	12	3	1994	

FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	1	ALI	ALRIDA KANAAN	LEBANESE ARMY	15:32.99	3	6	2003	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	2	BILAL	AWADAH	LEBANESE ARMY	16:15.27	10	9	1986	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	3	IBRAHIM	TRHINI	INTERLEBANON	16:27.39	1	1	1992	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	4	ALI	SAIFEDDINE	INTERLEBANON	16:36.80	22	6	2008	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	5	ELIE	HALLASOU	LETS RUN	17:06.34	4	6	1992	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	6	ANWAR	SALAH DIN	LETS RUN	17:07.70	20	5	200	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	7	SAMIR	SABEHAYOUN	BLUE STARS	18:54.98	4	2	2006	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	MEN	M	FINAL	8	WISSAM	RASAMNY	BLUE STARS	19:43.94	25	10	2003	

FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	1	JOAN	MAKARY	LETS RUN	18:50.46	10	5	1993	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	2	NADA	KURDI	BLUE STARS	19:03.86	14	6	1984	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	3	NOUR	GHOUSSAINI	ELITE	19:04.93	8	11	2000	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	4	NISRINE	NJEIM	LETS RUN	19:14.30	9	6	1983	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	5	MARIE	MURRAY	INTERLEBANON	20:05.15	13	1	1987	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	6	HAYA	ELHAGE	INTERLEBANON	20:36.88	25	10	2006	
FLA OPEN CLUB 2026	Thursday	13	August	2026	Jamhour	5000m	WOMEN	F	FINAL	7	TALA	BALTAGI	BLUE STARS	24:33.78	20	3	2007	

FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	100M hurdles Hep	WOMEN	F	FINAL	1	ZOULAL	BEZJIAN	HOMENTMEN BH	18.59	5	5	2008	+1.1
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	100M hurdles Hep	WOMEN	F	FINAL	2	JAMAL	JORDI	INTERLEBANON	19.03	17	10	1991	+1.1
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	100M hurdles Hep	WOMEN	F	FINAL	3	CHANEL	RICHA	INTERLEBANON	19.19	21	3	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	1	SAMA	MOUSTAFA	JAMHOUR	1.60	11	3	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	2	LEEN	ALHOUT	LET'S RUN	1.50	20	10	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	3	LOLITA	HAYEK	LET'S RUN	1.50	3	10	2005	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	4	MIA	ISMAIL	ANTONINE CLUB	1.45	12	5	2005	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	5	NOURA MARIA	MANSOUR	BATROUN STARS	1.35	24	8	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	6	ZINA	DAKROUB	INTERLEBANON	1.35	11	1	2011	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	WOMEN	F	FINAL	7	GABRIELLE	AFIF	JAMHOUR	1.35	8	9	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	MEN	M	FINAL	1	ANTOINE	KHAZAAL	JAMHOUR	1.80	2	3	2011	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	MEN	M	FINAL	2	JEAN PAUL	HAMALAY	INTERLEBANON	1.75	16	01	2006	

FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	MEN	M	FINAL	3	GEORGES	ETER	JAMHOUR	1.65	5	3	2007	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	MEN	M	FINAL	4	ADAM	GHALI	INTERLEBANON	1.65	14	7	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	MEN	M	FINAL	5	CHEHADI	HAMMOUD	BATROUN STARS	1.60	13	10	2009	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	HIGH JUMP	MEN	M	FINAL	6	SAMER	HADDAD	LET'S RUN	1.60	9	6	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	WOMEN	F	FINAL	1	ISABEL	ABDOUCH	LET'S RUN	56.70	27	2	2002	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	WOMEN	F	FINAL	2	MARIA	NOHRA	LET'S RUN	1:00.32	26	4	2001	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	WOMEN	F	FINAL	3	CARINE	ALBAWAB	INTERLEBANON	1:02.00	28	7	2011	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	WOMEN	F	FINAL	4	JOY	ESTA	JAMHOUR	1:02.34	21	6	2007	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	WOMEN	F	FINAL	5	TALA	FAKHOURY	INTERLEBANON	1:05.79	12	8	1996	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	WOMEN	F	FINAL	6	AXELLE	ABI RACHED	JAMHOUR	1:08.23	23	6	2011	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat1	1	KARIM	SLIM	INTERLEBANON	48.92	29	11	2006	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat1	2	MAHDI	ISSA	INTERLEBANON	49.93	14	2	2006	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat1	3	HUSSEIN	ZAAITER	LEBANESE ARMY	50.15	3	12	1994	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat1	4	NAZIH	AWADA	BATROUN STARS	51.36	3	12	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat1	5	ALI	FNEICH	JAMHOUR	51.70	7	10	1995	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat1	6	MOHAMMAD	MOUSSA	LEBANESE ARMY	52.67	5	11	1995	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat2	1	CHARBEL	ANDARY	JAMHOUR	52.86	8	5	2007	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat2	2	JAD	AZZI	CHAMPVILLE	53.16	26	5	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	400m	MEN	M	Heat2	3	ERNEST	HANNA	LET'S RUN	1:01.42	11	10	2002	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	1	JOAN	MAKARI	LET'S RUN	4:40.42	10	5	1993	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	2	SERENA	HAYEK	INTERLEBANON	5:00.62	1	1	2001	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	3	JENNIFER	TOMAZOU	INTERLEBANON	5:03.91	14	6	1991	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	4	HRYSYAL MONIC	ABOU JNEID	LET'S RUN	5:15.50	16	1	1998	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	5	RAMA	HAMDAN	ATLETICA	5:24.34	3	8	2013	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	6	SARA	CHAABAN	ATLETICA	5:46.45	20	11	2009	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	7	NOUR	CHAMI	JAMHOUR	6:12.45	2	1	1998	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	8	CAREN	JABBOUR	JAMHOUR	6:17.31	13	11	2004	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500 m	WOMEN	F	FINAL	9	TALA	BALTAJI	BLUE STARS	6:38.17	20	3	2007	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	1	ALI	MORTADA	INTERLEBANON	4:07.74	18	4	1999	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	2	ZAHER	ZEINEDDINE	LEBANESE ARMY	4:12.85	29	9	1992	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	3	BILAL	SALAHEDDINE	INTERLEBANON	4:16.99	20	9	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	4	CHARBEL	ALKHOURY	LEBANESE ARMY	4:24.75	30	11	1996	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	5	MARLON	SOUAID	BATROUN STARS	4:24.89	1	3	2011	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	6	LUCAS	ABOU SLEIMAN	JAMHOUR	4:38.51	15	7	2009	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	7	CHARBEL	HANNA	LET'S RUN	4:52.64	27	2	2010	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	8	ELIE	CHLELA	LET'S RUN	5:02.26	18	2	2005	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	1500m	MEN	M	FINAL	9	FOUAD	MAWLA	JAMHOUR	5:03.83	26	11	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	200M Hept	WOMEN	F	FINAL	1	CHANEL	RICHA	INTERLEBANON	28.01	21	3	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	200M Hept	WOMEN	F	FINAL	2	JAMAL	JORDI	INTERLEBANON	29.01	17	10	1991	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	200M Hept	WOMEN	F	FINAL	3	ZOUJAL	BEZJIAN	HOMENTMEN BH	30.21	5	5	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	MEN	M	FINAL	1			INTERLEBANON	43.07				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	MEN	M	FINAL	2			JAMHOUR	43.52				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	MEN	M	FINAL	3			LEBANESE ARMY	43.99				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	MEN	M	FINAL	4			LET'S RUN	47.97				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	WOMEN	F	FINAL	1			LET'S RUN	50.18				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	WOMEN	F	FINAL	2			JAMHOUR	51.42				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	WOMEN	F	FINAL	3			INTERLEBANON	53.85				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x100m	WOMEN	F	FINAL	4			ANTONINE CLUB	1:00.00				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x400m	Mixtes		FINAL	1			LET'S RUN	3:47.11				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x400m	Mixtes		FINAL	2			INTERLEBANON	3:48.32				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	4x400m	Mixtes		FINAL	3			JAMHOUR	3:51.38				

FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	High Jump Hept	WOMEN	F	FINAL	1	CHANEL	RICHA	INTERLEBANON	1.43	21	3	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	High Jump Hept	WOMEN	F	FINAL	2	ZOULAL	BEZJIAN	HOMENTMEN BH	1.35	5	5	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	High Jump Hept	WOMEN	F	FINAL	3	JAMAL	JORDI	INTERLEBANON	1.20	17	10	1991	

FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	Shot put Hept	WOMEN	F	FINAL	1	ZOULAL	BEZJIAN	HOMENTMEN BH	9.37	5	5	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	Shot put Hept	WOMEN	F	FINAL	2	CHANEL	RICHA	INTERLEBANON	7.39	21	3	2008	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	Shot put Hept	WOMEN	F	FINAL	3	JAMAL	JORDI	INTERLEBANON	6.65	17	10	1991	

FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	WOMEN	F	FINAL	1	MAIS	OBEID	INTERLEBANON	36.21	1	8	2008		NRU20
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	WOMEN	F	FINAL	2	CAROLINE	MAKARY	LET'S RUN	33.85	8	6	2004		
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	WOMEN	F	FINAL	3	IMAN	KALLAS	INTERLEBANON	27.50	28	9	1999		
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	WOMEN	F	FINAL	4	GIOIA	FEGHALI	JAMHOUR	27.07	30	7	2007		
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	WOMEN	F	FINAL	5	ELIANA	MOUAWAD	BATROUN STARS	24.35	30	4	2013		

FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	1	BADRI	OBEID	LEBANESE ARMY	39.05	1	1	1979	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	2	RAMI	MANSOUR	LEBANESE ARMY	38.68	8	6	1992	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	3	CHARBEL	SAAD	INTERLEBANON	36.39	16	11	1994	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	4	ABDALLAH	SHAHEEN	INTERLEBANON	34.48	15	1	1990	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	5	YORGO	ABDALLAH	JAMHOUR	32.92	8	3	2006	
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	6	FABIANO	JARJOURA	LET'S RUN	28.74				
FLA OPEN CLUB 2026	Friday	14	August	2026	Jamhour	DISCUS	MEN	M	FINAL	7	CHARBEL	TANIOS	LET'S RUN	23.88	2	2	2004	

FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	Long Jump Hept	WOMEN	F	FINAL	1	CHANEL	RICHA	INTERLEBANON	5.07	21	3	2008	-0.5
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	Long Jump Hept	WOMEN	F	FINAL	2	ZOULAL	BEZJIAN	HOMENTMEN BH	4.48	5	5	2008	+0.1
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	Javelin Hept	WOMEN	F	FINAL	1	ZOULAL	BEZJIAN	HOMENTMEN BH	34.00	5	5	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	Javelin Hept	WOMEN	F	FINAL	2	CHANEL	RICHA	INTERLEBANON	21.20	21	3	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	MEN	M	FINAL	1	ALI ALRIDA	KENAN	LEBANESE ARMY	9:28.45	3	6	2003	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	MEN	M	FINAL	2	MOHAMMAD	KDOUH	LEBANESE ARMY	10:09.63	15	11	1994	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	MEN	M	FINAL	3	BILAL	SALAHEDDINE	INTERLEBANON	10:10.70	20	9	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	MEN	M	FINAL	4	ANWAR	SALAH DIN	LET'S RUN	10:39.03	20	5	2005	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	MEN	M	FINAL	5	LUCAS	ABOU SLEIMAN	JAMHOUR	10:58.64	15	7	2009	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	MEN	M	FINAL	6	AMER	ALBAWAB	INTERLEBANON	11:15.21	28	7	2011	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	WOMEN	F	FINAL	1	SAMA	MOUSTAFA	JAMHOUR	11:56.22	11	3	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	WOMEN	F	FINAL	2	CARINE	ALBAWAB	INTERLEBANON	12:07.97	28	7	2011	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	WOMEN	F	FINAL	3	ZEINAB	SHAHEEN	INTERLEBANON	13:49.54	4	5	2002	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	3000m Steeple	WOMEN	F	FINAL	4	NAYA	MOSTAPHA	LET'S RUN	14:34.58	27	9	2011	

FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	WOMEN	M	FINAL	1	ZOULAL	BEZJIAN	HOMENTMEN BH	35.45	5	5	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	WOMEN	M	FINAL	2	ELIANA	MOUAWAD	BATROUN STARS	30.03	30	4	2013	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	WOMEN	M	FINAL	3	LYNN	NADER	BATROUN STARS	28.53	7	7	2009	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	WOMEN	M	FINAL	4	MARIA	GHAZOUZI	JAMHOUR	25.16	17	1	2002	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	WOMEN	M	FINAL	5	IMAN	KALLAS	INTERLEBANON	25.13	28	9	1999	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	WOMEN	M	FINAL	6	AXELLE	ABI RACHED	JAMHOUR	23.94	23	6	2011	

FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	1	NABIL	ALAKOUMI	LEBANESE ARMY	59.81	31	10	1996	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	2	ABDEL RAHMAN	HALLANI	INTERLEBANON	51.66	20	4	1985	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	3	KHALED	ALHASAN	LEBANESE ARMY	51.39	13	5	1998	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	4	ANTHONY	KIWAN	CHAMPVILLE	45.33	4	9	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	5	ALAIN	SAAD	INTERLEBANON	38.21	24	8	1996	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	6	MOUHAMAD	ALAKOUMI	BATROUN STARS	37.62	6	5	2010	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	JAVELIN	MEN	M	FINAL	7	YORGO	ABDALLAH	JAMHOUR	35.24	8	3	2006	

FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 1	1	AZIZA	SBAITY	LET'S RUN	26.40	17	11	1991	+0.3
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 1	2	NAWAL	SALEH	INTERLEBANON	27.06	7	8	1996	+0.3
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 1	3	MARIA	BECHARA	JAMHOUR	28.33	7	9	2008	+0.3
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 1	4	ANGELA	FAKIH	BLUE STARS	31.08	3	11	2007	+0.3
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 2	1	ISABEL	ABDOUCH	LET'S RUN	25.43	27	2	2002	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 2	2	MARIAM	MESSAYKEH	BATROUN STARS	26.53	11	12	2009	+0.0

FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 2	3	CHRISTELLE	JABBOUR	JAMHOUR	28.62	7	12	2011	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 2	4	TALA	FAKHOURY	INTERLEBANON	28.80	12	8	1996	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	HEAT 2	5	MAYA	OSMAN	BLUE STARS	30.21	2	5	2006	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	FINAL	1	AZIZA	SBEITY	LET'S RUN	24.45	17	11	1991	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	FINAL	2	ISABEL	ABDOUCH	LET'S RUN	24.65	27	2	2002	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	FINAL	3	MARIAM	MESSAYKEH	BATROUN STARS	26.28	11	12	2009	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	FINAL	4	NAWAL	SALEH	INTERLEBANON	26.94	7	8	1996	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	FINAL	5	MARIA	BECHARA	JAMHOUR	28.29	7	9	2008	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	WOMEN	F	FINAL	6	CHRISTELLE	JABBOUR	JAMHOUR	28.63	7	12	2011	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat1	1	NOUREDDINE	HADID	INTERLEBANON	22.43	15	3	1994	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat1	2	KEVIN	ARTOUN	JAMHOUR	22.57	3	1	2006	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat1	3	HASAN	SOLOH	LEBANESE ARMY	22.93	10	3	1992	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat1	4	NAZIH	AWAIDA	BATROUN STARS	23.48	3	12	2010	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat1	5	GHADI	KHADRA	ANTONINE CLUB	23.50	5	6	2004	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat2	1	MAHDI	ISSA	INTERLEBANON	22.52	14	2	2006	+0.1
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat2	2	ANDREW	DANNY	LET'S RUN	22.53	27	2	2005	+0.1
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat2	3	ALI	HACHEM	JAMHOUR	23.05	10	11	2001	+0.1
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat2	4	YOUSSEF	HMEDE	LEBANESE ARMY	23.08	11	1	1990	+0.1
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	M	Heat2	5	MIGUEL	ALAOUIE	ANTONINE CLUB	24.01	18	4	2006	+0.1
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	F	FINAL	1	NOUREDDINE	HADID	INTERLEBANON	21.45	15	3	1994	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	F	FINAL	2	ANDREW	DANNY	LET'S RUN	21.73	21	2	2005	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	F	FINAL	3	MAHD	ISSA	INTERLEBANON	22.06	14	02	2006	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	F	FINAL	4	KEVIN	ARTOUN	JAMHOUR	22.56	3	1	2006	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	F	FINAL	5	ALI	HACHEM	JAMHOUR	22.97	10	11	2001	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	200m	MEN	F	FINAL	6	HASAN	SOSLOH	LEBANESE ARMY	23.30	10	3	1992	+0.0
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	4X100M	MIXTE	M	FINAL	1			JAMHOUR	47.76				
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	4X100M	MIXTE	M	FINAL	2			INTERLEBANON	47.88				
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	4X100M	MIXTE	M	FINAL	3			ANTONINE CLUB	51.97				

FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	800m hept	WOMEN	F	FINAL	1	CHANEL	RICHA	INTERLEBANON	2:44.31	21	3	2008	
FLA OPEN CLUB 2026	Saturday	15	August	2026	Jamhour	800m hept	WOMEN	F	FINAL	2	ZOULAL	BEZJIAN	HOMENTMEN BH	3:18.66	5	5	2008	

FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	MEN	M		1	ABDALLAH	SHAHEEN	INTERLEBANON	48.46	15	1	1990	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	MEN	M		2	MAJED	ABOU OMAR	LEBANESE ARMY	38.44	1	12	1991	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	MEN	M		3	RAMI	MANSOUR	LEBANESE ARMY	34.46	8	6	1992	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	MEN	M		4	ELIAS	SAAD	JAMHOUR	21.77	23	6	2008	

FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	WOMEN	F		1	MARIAM	YOUSSEF	BATROUN STARS	41.84	7	1	2004	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	WOMEN	F		2	CHARISTINA	MOUAWAD	BATROUN STARS	28.76	23	12	2008	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	WOMEN	F		3	CHRISTELLE	SROUR	ANTONINE CLUB	27.74	13	9	2003	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	HAMMER	WOMEN	F		4	THEA	NASSAR	JAMHOUR	24.58	1	9	2004	

FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		1	ANTOINE	KHAZAAL	JAMHOUR	13.80	2	3	2011	0.0
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		2	RAFAAT	MATAR	LEBANESE ARMY	13.38	25	4	1992	-0.7
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		3	RONALD	KASSAB	JAMHOUR	13.23	25	7	2002	+0.5
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		4	RACHID	ALHOUT	LET'S RUN	12.92	9	9	2007	-1.0
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		5	MARVEN	EID	ANTNINE CLUB	12.81	17	10	2005	+0.3
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		6	MAZEN	CHREIM	INTERLEBANON	12.63	10	10	1978	-0.3
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		7	ABDELAHIM	RAYESS	INTERLEBANON	12.21	3	5	2006	+0.6
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		8	HADI	ISMAIL	LEBANESE ARMY	12.12	1	1	1989	+0.2
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	MEN	M		9	MALEK	ALHOUT	LET'S RUN	12.02	27	4	2009	+0.1

FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	WOMEN	F		1	NOURA MARIA	MANSOUR	BATROUN STARS	10.01	24	8	2010	-0.3
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	WOMEN	F		2	NAY	MOUSTAFA	JAMHOUR	9.68	20	6	2006	+0.8
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	WOMEN	F		3	TALA	NAAMANI	LET'S RUN	9.50	27	2	2002	+1.7
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	TRIPLE JUMP	WOMEN	F		4	LYN	ABOU MRAD	JAMHOUR	9.03	20	2	2002	-0.4

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FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	110m hurdles	MEN	M	Final	1	AMMAR	HAMMOUD	INTERLEBANON	14.77	27	5	2003	+1.4
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	110m hurdles	MEN	M	Final	2	ALI	HACHEM	JAMHOUR	15.33	10	11	2001	+1.4
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	110m hurdles	MEN	M	Final	3	ADAM	GHALI	INTERLEBANON	21.67	14	7	2010	+1.4
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	110m hurdles	MEN	M	Final	4	HADI	SAADA	BATROUN STARS	28.27	4	1	2002	+1.4
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	100m hurdles	WOMEN	F	Final	1	RASHA	BADRANI	LET'S RUN	15.12	27	2	2002	-2.1
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	100m hurdles	WOMEN	F	Final	2	LEEN	GHEZZAOUI	JAMHOUR	16.67	23	6	2002	-2.1
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	100m hurdles	WOMEN	F	Final	3	LEEN	ALHOUT	LET'S RUN	18.22	20	10	2010	-2.1
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	100m hurdles	WOMEN	F	Final	4	PERLA	YOUSSEF	ANTONINE CLUB	18.60	23	11	2005	-2.1
FLA OPEN CLUB 2027	Sunday	16	August	2026	Jamhour	100m hurdles	WOMEN	F	Final	5	ANTONINA	ISSA	BATROUN STARS	21.57	28	10	2008	-2.1
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	1	ALI	MOURTADA	INTERLEBANON	1:56.93	18	4	1999	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	2	AYMAN	KBAYDAT	LEBANESE ARMY	1:58.28	3	12	1996	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	3	MOHAMMAD	HANNOUF	INTERLEBANON	2:01.47	14	2	1993	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	4	CHARBEL	ALKHOURY	LEBANESE ARMY	2:04.82	30	11	1996	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	5	MARLON	SOUED	BATROUN STARS	2:05.58	1	3	2011	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	6	CHARBEL	ANDARY	JAMHOUR	2:06.75	8	5	2007	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	7	RALPH	AOUDE	LET'S RUN	2:12.03	22	7	2008	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	8	CHARBEL	HANNA	LET'S RUN	2:17.72	27	2	2010	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	MEN	M	Final	9	RALPH	JAMOUS	JAMHOUR	2:42.29	12	2	2008	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	1	MARIA	NOHRA	LET'S RUN	2:20.48	26	4	2001	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	2	SERENA	HAYEK	INTERLEBANON	2:24.90	1	1	2001	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	3	JENNIFER	TOMAZOU	INTERLEBANON	2:27.32	14	6	1991	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	4	HAIFA	ALFARRAN	LET'S RUN	2:28.56	24	3	2010	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	5	RAMA	HAMDAN	ATLETICA	2:30.06	3	8	2013	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	6	JOY	ESTA	JAMHOUR	2:33.24	21	6	2007	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	7	SARAH	CHAABAN	ATLETICA	2:39.05	20	11	2009	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	800m	WOMEN	F	Final	8	CAREN	JABBOUR	JAMHOUR	2:45.37	13	11	2004	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000m	MEN	M	Final	1	ZAHER	ZEINEDDINE	LEBANESE ARMY	33:24.51	29	9	1992	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000m	MEN	M	Final	2	OMAR	ABOU HAMAD	LEBANESE ARMY	33:30.87	1	10	1992	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000m	MEN	M	Final	3	ELIE	HALLASOU	LET'S RUN	34:52.08	4	6	1992	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000m	MEN	M	Final	4	IBRAHIM	TARHINI	INTERLEBANON	35:00.02	1	1	1992	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000m	MEN	M	Final	5	WISSAM	KHEIR	LET'S RUN	36:23.63	27	7	1980	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000m	MEN	M	Final	6	ALI	SAIFEDDINE	INTERLEBANON	36:43.36	22	6	2008	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000M	WOMEN	F	Final	1	NISRINE	NJEIM	LET'S RUN	40:09.14	9	6	1993	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000M	WOMEN	F	Final	2	TONIA	MAKARY	LET'S RUN	42:04.61	10	5	1993	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000M	WOMEN	F	Final	3	MARIE	MURRAY	INTERLEBANON	42:35.54	13	1	1987	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	10000M	WOMEN	F	Final	4	NOURHANE	SHMAITELLI	INTERLEBANON	44:29.17	25	9	1996	
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	MEN	M	Final	1			INTERLEBANON	3:21.13				
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	MEN	M	Final	2			LEBANESE ARMY	3:26.64				
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	MEN	M	Final	3			JAMHOUR	3:28.61				
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	MEN	M	Final	4			LET'S RUN	3:56.37				
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	WOMEN	F	Final	1			LET'S RUN	4:05.36				
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	WOMEN	F	Final	2			INTERLEBANON	4:13.28				
FLA OPEN CLUB 2026	Sunday	16	August	2026	Jamhour	4x400 relay	WOMEN	F	Final	3			JAMHOUR	4:18.03				