FÉDÉRATION LIBANAISE D'ATHLÉTISME
DEKWANEH - LIBAN



الاتحاد اللبناني لألعاب القوى
الدكوانه – لبنان

U16 (14-15 years) Girls								
Category	Gender	Event	Performance	W	Athlete	Club	Date	Date of Birth
U16	F	80m	10.34	+2.0	Mayssa MOUAWAD	CSJ	10-Sep-17	10-May-03
U16	F	150m	19.49	+0.3	Mayssa MOUAWAD	CSJ	26-Dec-18	10-May-03
U16	F	300m	41.37		Farah TAYAR	CSJ	22-Apr-18	02-Jan-03
U16	F	1000m	3:03.82		Sara-Jo KORTBAWI	Maristes	07-Sep-12	17-Oct-98
U16	F	2000m	6:44.77		Sara-Jo KORTBAWI	Maristes	27-Jul-13	17-Oct-98
U16	F	80m H (0.762m)	13.35	+1.0	Lynn EL HOUT	Let's Run	27-Jun-25	20-Oct-10
U16	F	200m H (0.762m)	30.64	-0.3	Haifa AL FARRAN	Let's Run	09-May-25	24-Mar-10
U16	F	2000m SC (0.762m)	7:31.70		Carine ALBAWAB	Inter Lebanon	02-Aug-26	28-Jul-11
U16	F	3000m W	19:22.86		Chloé KARAM	Maristes	20-Sep-14	25-Sep-99
U16	F	HJ	1.67		Mayssa MOUAWAD	CSJ	28-Dec-18	10-May-03
U16	F	LJ	5.37	-0.1	Angie SALEH	Ansar	02-Aug-17	18-Aug-01
U16	F	TJ	11.08	+1.4	Line Azar	Maristes	04-Aug-19	11-Jun-94
U16	F	SP (3 kg)	12.69		Sophie HAYAR	Maristes	21-Apr-05	02-Jan-90
U16	F	DT (800 g)	31.00		Eliana MOUAWAD	Batroun Stars	07-Jun-26	30-Apr-13
U16	F	HT (3 kg)	35.48		Mariam YOUSSEF	Batroun Stars	29-Dec-19	07-Jan-04
U16	F	JT (500 g)	29.45		Nisrine MOUAWAD	Batroun Stars	29-Dec-24	14-Sep-09
U16	F	4x80m	42.27		Rebecca KASSAB	CSJ	25-May-13	
					Maria ABOU-FARHAT			
					Léa TAGER			
					Christina MAALOULY			

U16 (14-15 years) Boys								
Category	Gender	Event	Performance	W	Athlete	Club	Date	Date of Birth
U16	M	80m	9.07	+0.5	Ghadi Abou Chakra	Let's Run	16-Jul-26	24-Jul-11
U16	M	150m	16.67	-0.9	Ghadi Abou Chakra	Let's Run	12-Jul-26	24-Jul-11
U16	M	300m	36.85		Nazih AWAIDA	Batroun Stars	09-May-25	03-Dec-10
U16	M	1000m	2:39.22		Mahmoud Abou Zeid	Inter-Lebanon	03-Jun-23	19-Feb-08
U16	M	2000m	6:01.12		Mahmoud Abou Zeid	Inter-Lebanon	18-May-23	19-Feb-08
U16	M	80m H (0.838m)	11.77	-0.4	Cedric AOUN	Let's Run	19-Jul-26	01-Feb-12
U16	M	200m H (0.838m)	26.28	+1.5	Nazih AWAIDA	Batroun Stars	23-Nov-25	03-Dec-10
U16	M	2000m SC (0.838m)	6:30.03		Mahmoud Abou Zeid	Inter-Lebanon	20-May-23	19-Feb-08
U16	M	3000m W	21:50.90		Fouad MAWLA	CSJ	18-May-23	26-Nov-08
U16	M	HJ	1.83		Patrick HANNA	Blue Stars	16-Jul-11	02-Feb-96
U16	M	LJ	6.41 (i)		Frédérick HANNA	Blue Stars	05-Dec-14	25-Jun-99
U16	M	TJ	13.80	0.0	Antoine KHAZAAL	Jamhour	16-Aug-26	02-Mar-11
U16	M	SP (4 kg)	17.18		Carl-Joe MEHANNA	CSJ	09-Jul-05	23-Mar-90
U16	M	DT (1.250 kg)	37.90		Edgard AZIZ	Jbeil	20-Dec-20	02-Jan-05
U16	M	HT (4 kg)	37.89		Bachir SAAD	Inter-Lebanon	31-May-22	02-Jan-07
U16	M	JT (600 g)	57.86		Carl-Joe MEHANNA	CSJ	04-Jun-05	23-Mar-90
U16	M	4x80m	37.13		Giovanni SEMAAN	CSJ	14-Dec-25	26-Jun-10
					Antoine KHAZAAL			02-Mar-11
					Elie OZEIR			05-Jul-10
					Elie RAYES			14-Jan-10

Other Events								
U16 (14-15 years) Boys								
Category	Gender	Event	Performance	W	Athlete	Club	Date	Date of Birth
U16	M	3000m	9:09.03		Mahmoud Abou Zeid	Inter-Lebanon	28-Dec-23	19-Feb-08