FÉDÉRATION LIBANAISE D'ATHLÉTISME
DEKWANEH - LIBAN

الاتحاد اللبناني لألعاب القوى
الدكوانه – لبنان

U20 (18-19 years) Women								
Category	Gender	Event	Performance	W	Athlete	Club	Date	Date of Birth
U20	F	100m	12.01	+1.3	Gretta TASLAKIAN	Maristes	11-Sep-04	16-Aug-85
U20	F	200m	24.30	-0.2	Gretta TASLAKIAN	Maristes	13-Sep-04	16-Aug-85
U20	F	400m	55.58		Gretta TASLAKIAN	Maristes	21-Jul-04	16-Aug-85
U20	F	800m	2:14.85		Sara-Jo KORTBAWI	Maristes	08-Jun-15	17-Oct-98
U20	F	1500m	4:45.78		Sara-Jo KORTBAWI	Maristes	24-May-15	17-Oct-98
U20	F	5000m	18:56.12		Emessa MELKI	Let's Run	20-Dec-20	02-Jan-95
U20	F	100m H (0.838m)	15.36	-3.3	Lea MAZLOUM	Antonins	03-Aug-19	04-Dec-02
U20	F	400m H (0.762m)	1:00.40		Rasha BADRANI	Let's Run	06-May-23	15-Jun-04
U20	F	3000m SC (0.762m)	11:42.87		Sama MOUSTAFA	Jamhour	21-Jun-26	11-Mar-08
U20	F	HJ	1.74		Mayssa Mouawad	CSJ	12-Jun-21	10-May-03
U20	F	PV	2.10		Jana MAJED	Ansar	08-Jul-10	23-Dec-91
U20	F	LJ	5.66	-0.5	Krystel SANEH	Maristes	27-Aug-13	11-Jun-94
U20	F	TJ	11.58	+0.3	Krystel SANEH	Maristes	29-Aug-13	11-Jun-94
U20	F	SP (4 Kg)	11.66		Mays OBEID	Let's Run	31-Jul-25	01-Aug-08
U20	F	DT (1 kg)	36.21		Mays OBEID	Inter-Lebanon	14-Aug-26	01-Aug-08
U20	F	HT (4 Kg)	40.93		Mariam YOUSSEF	Batroun	27-Apr-23	07-Jan-04
U20	F	JT (600 g)	36.07		Zoulal BEZJIAN	Homentmen BH	25-Jul-26	05-May-08
U20	F	Heptathlon	4161		Zeina MINA	Antonins	22-Jul-81	01-Jan-63
U20	F	10000m W	58:15.60		Sandy KARAM	Maristes	23-May-15	14-Feb-96
U20	F	4x100m	49.81		Maha MOALLEM	National Team	03-Oct-09	
					Laura SALIBA			
					Diala EL-KHAZEN			
					Aziza SBAITI			
U20	F	4x400m	4:12.23		Laura SALIBA	National Team	03-Aug-10	
					Lory TACHIJIAN			
					Elsa KHOURY			
					Sara AWALI			

U20 (18-19 years) Men								
Category	Gender	Event	Performance	W	Athlete	Club	Date	Date of Birth
U20	M	100m	10.65	+1.7	Andrew DANNY	Let'S Run	25-Apr-24	21-Feb-05
U20	M	200m	21.64	+0.2	Andrew DANNY	Let'S Run	20-Jul-24	21-Feb-05
U20	M	400m	48.25		Marc-Anthony IBRAHIM	Antonins	09-Jul-21	05-Dec-02
U20	M	800m	1:54.24		Peter KHOURY	Maristes	12-Aug-17	28-Jun-99
U20	M	1500m	3:52.73		Munir KABBARA	Elite	15-Mar-19	27-Apr-00
U20	M	5000m	14:59.10		Mahmoud Abou Zeid	Inter-Lebanon	29-Mar-25	**19-Feb-08**
U20	M	110m H (0.991m)	14.44	+0.8	Ahmad HAZER	Ansar	30-Dec-08	04-Sep-89
U20	M	400m H (0.914m)	51.90		Marc-Anthony IBRAHIM	Antonins	21-Aug-21	05-Dec-02
U20	M	3000m SC (0.914m)	8:59.02		Mahmoud Abou Zeid	Inter-Lebanon	04-Oct-25	**19-Feb-08**
U20	M	HJ	2.09		Omar ARNAOUT	Let'S Run	04-Jul-22	05-Dec-03
U20	M	PV	4.00		Moustapha NASSER	CAEJ	01-May-75	02-Jan-55
U20	M	LJ	7.04	+2.0	Rasheed ALHOUT	Let's Run	12-Sep-24	09-Sep-07
U20	M	TJ	14.89	-0.7	Patrick Hanna	Blue Stars	20-Jul-14	02-Feb-96
U20	M	SP (6 Kg)	15.73		Alain SAAD	Jbeil	23-May-15	02-Jan-96
U20	M	DT (1.750 Kg)	40.10		Elie ASSAF	Antonins	08-Aug-03	02-Jan-85
U20	M	HT (6 Kg)	34.39		Oscar HANNA	Selaata Sporting	21-May-23	17-Mar-04
U20	M	JT (800 g)	51.47		Naji HAMMOUD	Ansar	22-May-04	18-Jan-86
U20	M	Decathlon	5741		Ahmad HAZER	Ansar	30-Dec-08	04-Sep-89
U20	M	4x100m	43.38		Ziad ITANI	Ansar	09-May-03	
					Ali HAZER			
					Mohamad CHEAIB			
					Mohamad Siraj TAMIM			
U20	M	4x400m	3:27.1h		Alain GEORGIADES	National Team	27-Jul-74	
					Bilal NAAMANI			
					Ghassan DAOU			
					Christian TURKIEH			
U20	M/F	4x400m MIXTE	3:46.12		Sama MOUSTAPHA	National Team	03-Oct-25	01-Aug-08
					Maria KACHOYAN			31-Jan-06
					Kevin ARTOUN			03-Jan-06

					Ralph JAMOUS			12-Feb-08

Other Events								
U20 (18-19 years)								
Category	Gender	Event	Performance	W	Athlete	Club	Date	Date of Birth
U20	F	1000m	2:59.33		Sara-Jo KORTBAWI	Maristes	23-Sep-14	17-Oct-98
U20	F	2000m	6:44.77		Sara-Jo KORTBAWI	Maristes	27-Jul-13	17-Oct-98
U20	F	3000m	10:48.97		Sara-Jo KORTBAWI	Maristes	05-Mar-16	17-Oct-98
U20	F	Marathon	4:55:08		Lysa MUGUERDITCHIAN	Unattached	17-Apr-83	02-Jan-64
U20	F	2000m SC (0.762m)	7:20.68		Sama MOUSTAFA	CSJ	24-May-26	11-Mar-08
U20	F	2000m W	10:22.26		Sandy KARAM	Maristes	17-Sep-14	14-Feb-95
U20	F	3000m W	15:34.91		Sandy KARAM	Maristes	07-Apr-15	14-Feb-95
U20	F	5000m W	26:53.45		Sandy KARAM	Maristes	26-Jun-15	14-Feb-95
U20	F	20000m W	2:09:54		Sandy KARAM	Maristes	10-Jul-15	14-Feb-95
U20	M	60m	7.03	+0.2	Majd AKIL	Inter-Lebanon	14-Dec-25	14-Feb-06
U20	M	150m	16.76	+0.5	Mahmoud DAOU	CSJ	20-Dec-15	02-Jan-96
U20	M	300m	34.86		Marc Anthony IBRAHIM	Antonins	11-Dec-21	05-Dec-02
U20	M	1000m	2:30.09		Mahmoud Abou Zeid	Inter-Lebanon	24-May-26	19-Feb-08
U20	M	3000m	8.17.53		Mahmoud Abou Zeid	Inter-Lebanon	22-Mar-25	**19-Feb-08**